



Welcome to The Tea Lounge

Welcome. Please take a deep breath, relax and leave the rest of your day outside. Take this time to spend some peaceful moments with yourself, with a good book, your journal, or with a friend. Play a board game if you like! Come often, and stay as long as your tea vessel continues to flow. There is no hurrying here.

About Us

The Tea Lounge is a London owned and operated business, established in 2016. The beauty and energy of this space are the manifestation of many passions; including, tea, nutrition and healing arts. Health, quality and ethical sourcing are core values. The décor you see represents a mosaic of mixed South East Asian/Anglo heritage, along with distinct Chinese and Japanese influence. The result is a peaceful space, welcoming to all, and with love and gratitude. We hope you'll enjoy coming often!

beTeas Inc, is our own, curated brand of ethically sourced teas, established in 2012. As much as possible, selections are sourced farm-direct or via partner direct suppliers and blenders from around the world. Our blended teas and herbal blends are specially selected based on their ingredient quality to ensure superior taste and health benefits. While a great many selections are certified organic, some of our farm-direct selections are not certified yet are organically grown without pesticides. Choose from over 100 beTeas selections, and taste the difference!

The philosophy of the beTeas brand is quite simple: to nourish the mind, body and spirit, one should only consume the very best quality, and do so with mindful intention.

Love your cup,

Michelle

WIFI: WorldofTea

visit www.tealoungelondon.com

Experience the World of Tea

- Over 100 teas & tisanes, carefully sourced from around the world.
- Premium grades, with several exceptional/rare offerings.
- French press coffee, kombucha, lattes, iced tea.
- Delicious foods & treats, either prepared fresh by us or by local partners.
- Vegetarian, vegan & gluten-free; always quality, fresh and local.

To-Go Service

Loose Tea-to-go (see tea list)	\$3.75/*\$5.50
Whisked Matcha-to-go	\$5/*8
French Press Coffee-to-go	\$4
Latté- to-go (see latte menu)	\$6/6.50/6.75
Iced tea-to-go (flash-chilled, reg. premium)	\$5
Kombucha (580ml, ask for flavours)	\$6.75

Lounge Service

Contemporary Tea Pot (2 cup pot, serves 1 or 2, 1 steep)	\$6/*8
Individual Infuser & Mug (14oz, serves 1, re-steepable)	\$6/*8
Traditional Service (serves 1 or 2, many infusions)	\$8/*12
French Press Coffee (28oz/800ml, serves 1 or 2)	\$8

(See more next page!)

Exceptional/Rare Selections= *

Kombucha

Culture Shock (580ml, brewed with our tea!) \$6.75

- Ask if your flavour is in stock:
- Vintage, strawberry basil, pear ginger, root beer, or special/seasonal

Iced Tea

Flash Chilled Iced Tea Mug (14oz, reg. premium selections) \$5

Tea or Coffee Lattes

Prepared with plant-based milk, sweetened with pure maple syrup. Available hot or iced.

Maple syrup = only 5g sugar / serving

London Fog (Earl Grey) \$6

Sexy, Spicy Chai Latté \$6

Matcha Latté \$6

Russian Caravan Latté \$6

Chocolate Mint Rooibos L Latté (naturally caffeine-free) \$6

Cinnamon-Orange Spiced Latté (naturally sweet, no maple syrup!) \$6

French Press Coffee Latté \$6

Butterbeer Latté (inspired by Harry Potter) \$6.50

Turmeric Superfood Latté \$6.75

*Exceptional/Rare Selections= **